Lecture will provide a systematic overview of the theoretical conceptualization underlying many of the proven treatments, to describe the approaches suggested for treating PTSD, and to review the existing literature on treatment efficacy. Few studies to date address systematically the outcomes associated with group treatments for PTSD, internet self-help approaches, and studies of the interaction of pharmacotherapy and CBT. Strategies will be suggested to improve and enhance the acceptance and adaptation of empirically supported psychosocial treatments for PTSD in clinical settings.

Dr. Keane is a world-renowned researcher in the area of psychological trauma, and has pioneered empirically-supported assessments and treatments for PTSD. He is Professor of Psychiatry and Clinical Psychology at Boston University, and Assistant Dean of VA Research. Dr. Keane also serves as the Associate Chief of Staff for Research and Development at VA Boston Healthcare System and Director of the National Center for Posttraumatic Stress Disorder’s Behavioral Science Division. He is a Past President of the International Society for Traumatic Stress Studies, the Anxiety and Depression Association of America, the Society of Clinical Psychology, the Association of VA Psychology Leaders, and the Division of Trauma Psychology of the APA. Dr. Keane has published fourteen edited volumes and over 300 articles and chapters on the assessment and treatment of PTSD. For the past 36 years, his research has been continuously funded by VA, NIH, DoD and SAMSHA.